


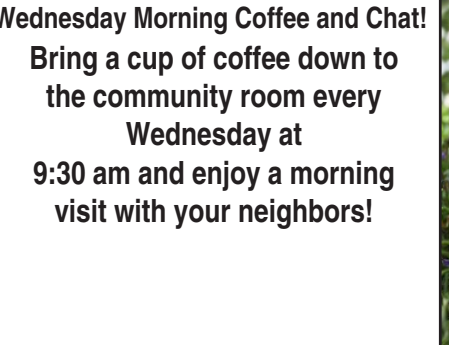































































































































































Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Wednesday Morning Coffee and Chat! Bring a cup of coffee down to the community room every Wednesday at 9:30 am and enjoy a morning visit with your neighbors!		<div>1</div> 9:30  Updates with Mary Beth 10:00  Coffee/ Light Breakfast 11:00  Cardio Drumming ✓ 11:30  Connect55+ Forum / Kindness Krew 1:30  Ball Balance Exercise 2:00  Guided Imagery 3:00  We Got Game!! Five Crown	<div>2</div> 
<div>3</div> 	<div>4</div> 9:00  Karen in Training 10:00  Book club meeting! 10:00  Tea/Toast/Talk 11:00  Wii Bowling League 1:00  Tai Chi 1:30  Mindful Meditation 2:00  You Be the Judge! 3:00  Bible Study with resident John Paul	<div>5</div> 9:30  Men's Coffee 10:30  Light Weights Exercise 11:00  Ball Balance Exercise 12:30  Lunch Meal with Mary Beth / Karen! ✓ 1:00  Twisted Stitches 2:00  Matinee Movie ✓ 2:30  20 Minute Cardio Exercise 3:00  Contemplation Corner	<div>6</div> 11:00  Light Stretch 11:30  Ball Balance w/ Karen 12:00  Cardio Drumming 12:30  Communion with resident Helen 1:00  Country Cottage Delivery ✓ 1:30  Brain Boost Games! 3:00  Cue Me In! Billiards 5:00  Amy Santi Bull - Author & Speaker ✓	<div>7</div> 9:30  Ladies' Coffee 10:30  Light Stretch 11:00  20 Minute Cardio Exercise 12:30  Quiddler - Card Game 2:00  BINGO w/ Karen 3:30  Mocktails Social Hour ✓	<div>8</div> Fish Fry Friday!!! Country Cottage Cottage 1:00pm Delivery!!! Sign Up Required!! 9:30  Updates with Mary Beth 10:00  Coffee/ Light Breakfast 11:00  Cardio Drumming ✓ 11:30  Armchair Travels 1:30  Ball Balance Exercise 2:00  Guided Imagery 3:00  We Got Game!! Five Crown	<div>9</div> 
<div>10</div> Ramadan Begins 	<div>11</div> 9:30  Stretch w/ Karen 10:00  Tea/Toast/Talk 11:00  Wii Bowling League 1:00  Tai Chi 1:30  Mindful Meditation 2:00  Right/Left/Center 3:00  Bible Study with resident John Paul	<div>12</div> 9:30  Men's Coffee 10:30  Light Weights Exercise 11:00  Ball Balance Exercise 1:00  Twisted Stitches 2:00  Matinee Movie ✓ 2:30  20 Minute Cardio Exercise 3:30  Darts Anyone???	<div>13</div> 11:00  Light Stretch 11:30  Ball Balance w/ Karen 12:00  Cardio Drumming 12:30  Communion with resident Helen 1:00  Country Cottage Delivery ✓ 1:30  Brain Boost Games! 3:00  Cue Me In! Billiards 5:00  Cocktails and Comedy ✓	<div>14</div> 9:30  Ladies' Coffee 10:30  Light Stretch 11:00  20 Minute Cardio Exercise 12:30  The Not So Newlywed Game! ✓ 2:00  BINGO w/ Karen 3:30  Wine and Cheese Social ✓	<div>15</div> Mary Beth Out of Office 10:00  WEAR GREEN! Coffee/ UHC Q&A Donuts 11:00  Cardio Drumming ✓ 11:30  Armchair Travels 1:30  Ball Balance Exercise 2:00  Guided Imagery 3:00  We Got Game!! Five Crown	<div>16</div> 6:00 Euchre - Wednesday 6:00 Rummikub Pinochle THURSDAYS 6:00 Rummikub/Dominoes FRIDAYS
<div>17</div> 	<div>18</div> 9:00  Karen in Training 10:00  Tea/Toast/Talk 11:00  Wii Bowling League 1:00  Tai Chi 1:30  Mindful Meditation 2:00  Bunco - All Welcome! ✓ 3:00  Bible Study with resident John Paul	<div>19</div> 9:30  Men's Coffee 10:30  Light Weights Exercise 11:00  Ball Balance Exercise 12:30  Lunch Meal with Mary Beth / Karen! ✓ 1:00  Twisted Stitches 2:00  Matinee Movie ✓ 2:30  20 Minute Cardio Exercise 3:00  Contemplation Corner	<div>20</div> 11:00  Light Stretch 11:30  Ball Balance w/ Karen 12:00  Cardio Drumming 12:30  Communion with resident Helen 1:00  Country Cottage Delivery ✓ 1:30  Brain Boost Games! 3:00  Cue Me In! Billiards 5:00  Dinner Out!!! ✓	<div>21</div> 9:30  Ladies' Coffee 10:30  Light Stretch 11:00  20 Minute Cardio Exercise 12:30  Quiddler - Card Game 1:00  Craft Corner with Mary Beth ✓ 2:00  BINGO w/ Karen 3:30  Family Feud ✓	<div>22</div> March Contest Winners Announced! 9:30  Updates with Mary Beth 10:00  Coffee/ Light Breakfast 11:00  Cardio Drumming ✓ 11:30  Armchair Travels 1:30  Ball Balance Exercise 2:00  Guided Imagery 3:00  We Got Game!! Five Crown	<div>23</div> Purim Begins 12:30 Five Crown- Mondays 6:00 Cribbage/65 Pay Me MONDAYS 6:30 Resident Run Bingo TUESDAYS
<div>24</div> 2:00 pm Resident Run -Penny's March Event!!! Sign up on the board in the mailroom!	<div>25</div> 10:00  Veterans' Breakfast 11:00  Wii Bowling League 1:00  Tai Chi 1:30  Book club movie! 2:00  Dominos! ✓ 3:00  Bible Study with resident John Paul	<div>26</div> 9:30  Men's Coffee 10:30  Light Weights Exercise 11:00  Ball Balance Exercise 11:30  Mindful Meditation 1:00  Twisted Stitches 2:00  Fine Arts Lesson ✓ 2:00  Matinee Movie ✓ 2:30  20 Minute Cardio Exercise 3:30  Darts Anyone???	<div>27</div> 11:00  Light Stretch 11:30  Ball Balance w/ Karen 12:00  Cardio Drumming 12:30  Communion with resident Helen 1:00  Country Cottage Delivery ✓ 1:30  Brain Boost Games! 3:00  Cue Me In! Billiards 5:00  Greg Kinal Presents ✓	<div>28</div> 9:30  Ladies' Coffee 10:30  Light Stretch 11:00  20 Minute Cardio Exercise 12:30  Quiddler - Card Game 1:00  Card Making w/ Mary Beth ✓ 2:00  BINGO w/ Karen 3:30  Monthly Birthday Party!	<div>29</div> Good Friday 9:30  EASTER EGG HUNT! Bring the eggs you find to coffee! 10:00  Coffee Hour 11:00  Cardio Drumming ✓ 11:30  Armchair Travels 1:30  Ball Balance Exercise 2:00  Guided Imagery 3:00  We Got Game!! Five Crown	<div>30</div> All Events Are Subject to Change
<div>31</div> 